

Health Connection

A PUBLICATION OF PONCA CITY MEDICAL CENTER

**Hats off to our
award winners!**

**The right physicians
for you**

**Enjoy the prime
of your life!**
Join Senior Circle

**A healthy mind,
body and spirit**
Resources for women

**Is your child
being bullied?**

PONCA CITY
MEDICAL CENTER

www.poncamedcenter.com



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to win a \$50 WAL-MART gift card!



Andy Wachtel
Chief Executive Officer

Dear friends,

I hope you enjoy this edition of *Health Connection*, compliments of Ponca City Medical Center (PCMC). With spring here, we're taking time to renew our commitment to keeping you healthy. When you're sick or injured, you know you can rely on PCMC for quality care.

IT'S A PEOPLE BUSINESS

Health care is about people—physicians, nurses, employees, patients and their family members. Technology helps us with our tasks, but it's the one-on-one interactions between people that really count. In this issue, we feature three of our award-winning employees. These ladies were selected from more than 400 employees as surpassing expectations and helping others every day. We also feature four of our 39 great physicians who work hard every day to provide quality, compassionate care to patients.

PHYSICIAN RECRUITMENT

One of the most important things we focus on at the hospital is recruiting new physicians to our community. Several hundred physicians across the country are looking for a job at any given time, but we're intent on making sure we bring just the right physician to our community. This process can be lengthy, but finding a quality physician who enjoys Ponca City as much as we do makes all the difference. Speaking of quality physicians, don't forget that Brad Liston, D.O., will open his family practice clinic in August. Look for information at www.poncamedcenter.com and in the *Ponca City News* this summer to learn about how to make an appointment.

As always, thank you for your support.

Best regards,

ANDY WACHTEL
Chief Executive Officer
Ponca City Medical Center

Enjoy life with Healthy Woman!



Life can be healthy, balanced and fun. Find out how with Healthy Woman, our free program that empowers women with the knowledge and confidence to make informed health care and well-being decisions for themselves and their loved ones.

Become a member today and enjoy:

- monthly health and lifestyle presentations
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Join us and see what Healthy Woman has to offer. Call (580) 765-0529 or visit www.poncamedcenter.com.

HEALTHY WOMAN
A PONCA CITY MEDICAL CENTER RESOURCE



Join Senior Circle!

Get active and stay healthy. Join Ponca City Medical Center's Senior Circle program for just \$15 a year, and we'll help you get more out of life with health talks; hospital benefits; local business bargains; prescription, vision care and home health security discounts; and more. Members also enjoy a full calendar of social events, exercise programs and travel opportunities.

If you're age 50 or better, you owe it to yourself to live life to the fullest. Visit www.poncamedcenter.com or www.seniorcircle.com today!

Senior Circle

Meet our 2009 Employee and Managers of the Year!

Ponca City Medical Center (PCMC) congratulates our 2009 Employee and Managers of the Year. Their skills and personal touches make our team special.



PAM KNIGHT
Employee of the Year

Pam Knight has been named Employee of the Year. Knight is the administrative assistant to the chief financial officer, assistant chief executive officer and chief nursing officer.

“Pam is just the best,” says Jeanne Stara, PCMC chief nursing officer. “As a CNO, I couldn’t survive without her. She’s the most organized person I know, and she keeps me organized every day. She has more work to do than three people could handle, but somehow she does it all with a smile and never complains. Pam is a true role model for all of us when it comes to her positive customer service attitude.”



TRACY DIDLAKE, R.N.
Clinical Manager of the Year

The 2009 Clinical Manager of the Year is Tracy Didlake, R.N. Didlake has been the director of the medical/surgical unit for one-and-a-half years. She has many years of experience at the hospital in the critical care unit and emergency

department and as quality nurse abstractor.

“Tracy is a pleasure to work with,” says Lisa Zaloudek, PCMC human resources director. “She cares about her staff, and it shows. The employees of the medical/surgical unit are always welcoming and positive in their approach to patient care. I believe it’s thanks to Tracy’s leadership.”



MARCI TEFFT
Non-Clinical Manager of the Year

Marci Tefft is the 2009 Non-Clinical Manager of the Year. Tefft has been the director of case management since 2007. Tefft is known around the hospital as a very compassionate person who has consideration

for patients and family members.

“Marci is an outstanding professional who has a very challenging job,” says Scott Bailey, PCMC chief financial officer. “She treats our patients with respect and is an ultimate team player. Others really enjoy working with her and know that she can be counted on when help is needed. She believes in our Community Cares culture and puts customer service first.”

Link to learn!

For more information about PCMC services, physicians and more, visit www.poncamedcenter.com.

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MEDICAL STAFF SPOTLIGHTS

The experienced, dedicated medical staff members of Ponca City Medical Center (PCMC) can help keep you healthy. We'd like to introduce four of them to you.



AMY KIRBY, M.D.
Radiology

1900 N. 14th
(580) 765-0575

Amy Kirby, M.D., has nine years of medical experience and training, including a fellowship in body imaging from Yale University in New

Haven, Conn., last year. She received her medical degree from the University of Oklahoma College of Medicine in Oklahoma City in 2001. She completed her radiology residency in 2006 at the University of Oklahoma Health Sciences Center and her mini-fellowship in musculoskeletal radiology in 2007.



TED KASPAR, D.O.
Hospitalist Medicine

1900 N. 14th
(580) 765-0407

Ted Kaspar, D.O., grew up on a farm northwest of Newkirk and graduated from Blackwell High School in

1998. He earned his medical degree from Oklahoma State University Center for Health Sciences in Tulsa in 2006. Dr. Kaspar completed his training in June at the Swedish Family Medicine Residency in Littleton, Colo.



ROBERT HOWARD, M.D.
Otolaryngology

400 Fairview, #16
(580) 762-8324

Robert Howard, M.D., has been a member of the medical staff since 1976. He received his medical degree from the University of Kansas

School of Medicine in Wichita, Kan., in 1971. He completed his internship at St. Francis Hospital in 1972 and his residency at the University of Kansas Medical Center in Kansas City in 1975.



MARK GREGORY, M.D.
Emergency Medicine

1900 N. 14th
(580) 765-0514

Mark Gregory, M.D., graduated from medical school in 1987 and completed his internship in 1988 and his residency

in 1990, all at the University of Oklahoma in Norman. Born in Wellington, Kan., the longtime Ponca City resident was raised in Braman, graduating from Crescent High School. He's worked in the hospital's emergency department since 1999.

To find a physician, visit www.poncamedcenter.com.